

## **Chilliwack Middle School Athletics**

Our goal for Grades 7, 8 & 9 is to provide a variety of athletic opportunities over the course of the year. With our main emphasis on participation, sportsmanship, and citizenship, we do our utmost to provide a positive athletic experience for our students during their time at Chilliwack Middle School.

We believe it's important for parents and students to understand the time commitment involved in joining a team. In general, our athletes practice two times a week and play two games per week. In addition to this, there may be tournaments and often championships as well. To accommodate all teams, some practices are held before school, as early as 6:30 am.

Our Middle School is part of BC School Sports, which gives us numerous opportunities to compete with Middle Schools in our district and within the Fraser Valley. The following list shows the various sports that our school offers and when during the year they are played.

## **Seasons of Play**

September – October	Girls Field Hockey
	Cross Country
	Boys Volleyball
November – February	• Basketball
March – April	<ul> <li>Track and Field</li> </ul>
	Girls Volleyball
	Boys Rugby
April – May	Boys Soccer
	• Golf
May	Girls Soccer

We encourage all students to play on a sports team this year and for that reason our athletic fee is only \$20 per sport, upto a maximum of \$50 in one school year. Fees can be paid at the office in the form of cash, debit or credit card. Students will be transported by bus to their game, however parents/guardians are required to pick their child up after the game (when playing in Hope and/or Agassiz the students will be transported to and from the game). Each athlete will receive a uniform to use during the length of the season and then it must be returned to his or her coach.

Any community members/parents that would be interested in coaching a sports team this year at CMS please contact Miss. Ward at (604) 795-5781. Thank you in advance.

We look forward to another great year and thank all the students who will represent CMS this year.