



Welcome Message

Welcome to Chilliwack Middle School. The purpose of this course selection guide, is to outline course requirements and elective options available to our Grade 7 students for the 2011/2012 school year.

The purpose of the middle school is to provide a school setting, which takes into consideration the transition period from childhood to adolescence. In looking at the characteristics of middle school aged students, we realize that they are undergoing many intellectual, physical, social and emotional changes at this time. Chilliwack Middle School offers a program of instruction that is geared to the intellectual, social, emotional and physical needs of the early adolescent. The program of instruction includes a specified program of required courses with elective options for Fine Arts. We hope this course guide will be useful in helping you understand the courses available to your child.

The staff of Chilliwack Middle School, working within guidelines established by the School Board and the Ministry of Education, has developed a timetable that reflects the core values of our school and is designed to meet the educational needs of our students.

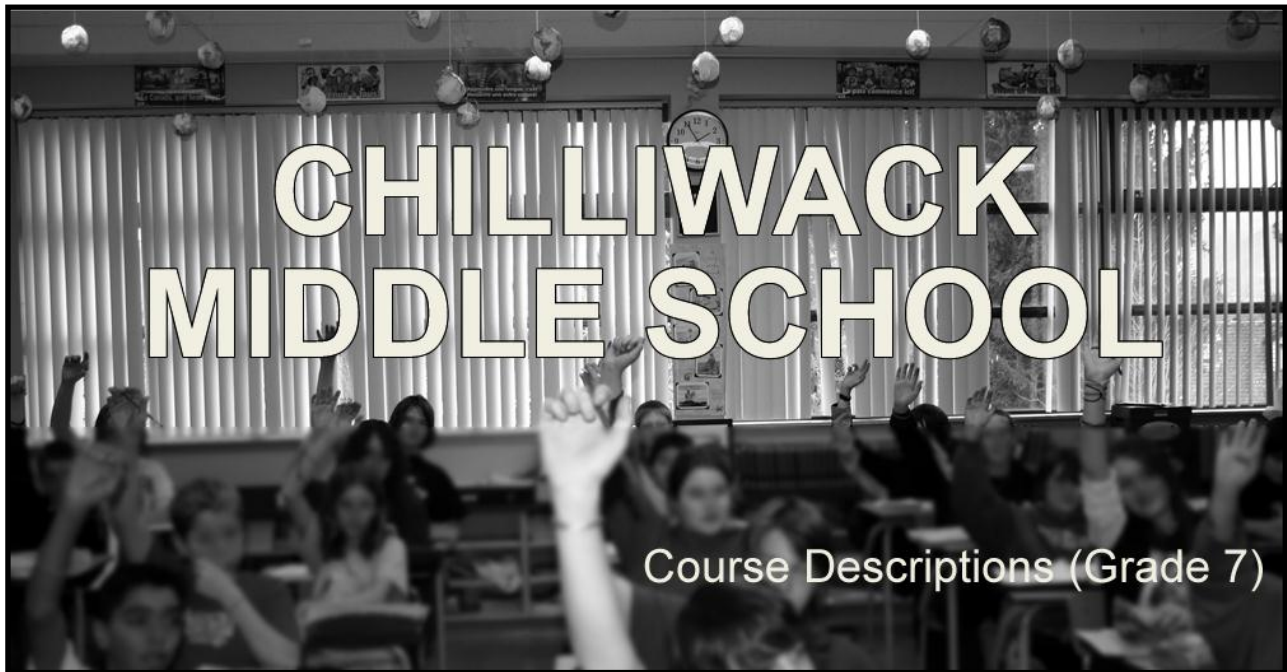
The instructional program at Chilliwack Middle School for the 2011/2012 school year is divided into blocks of time referred to as the timetable. Each block of time is approximately seventy minutes in length. Our timetable involves four classes each day and each student is normally required to participate in a full, eight-subject schedule. In very special circumstances, students on individualized education programs are provided with alternate programming.

If you have any questions or concerns regarding these course selections or any other transition to middle school matter, do not hesitate to contact our counselor or an administrator. Feel free to check out the school website at www.chilliwackmiddle.ca.

Welcome to the CMS Chargers!

Your school leadership team

Mrs. Mary-Anne Smirle (Principal)
Mr. Brad Johnston (Vice-Principal)
Mr. Michael Basran (Counselor)



COURSE REQUIREMENTS

Each student at Chilliwack Middle must take eight courses to complete their timetable. The following academic courses are required by the Ministry of Education:

English 7	Applied Skills 7
Social Studies 7	Second Language (French7)
Math 7	Fine Arts 7
Science 7	Health and Career7*
Physical Education 7	(*embedded in other courses and in Homeroom Block)



Most courses are yearlong, however the time requirements for second language instruction allows us to match this course with additional instructional time in the foundation skills of literacy and numeracy (Academic Skill Building).

Grade 7 Orientation to Middle School

When Grade 7 students start middle school, they sometimes are surprised by all the new changes in their school life compared to elementary school. A special orientation program at the start of the school year will take place in the English/Social Studies courses. This program is designed to provide skills necessary for success in middle school. Organization, note taking, study skills, and time management are some of the areas that are learned, practiced and utilized throughout the school year. Developing and maintaining good work habits produces not only confidence, but also good lettergrades.

French Immersion

Our school offers Late French Immersion at the Grade 7, 8 and 9 levels. Grade 7 French Immersion students will be required to take Applied Skills, Fine Arts and the following courses:

François Langue 7 (French)
Mathématiques 7 (Math)
Sciences Humaines 7 (Social Studies)
Sciences Naturelles 7 (Science)
English 7
Physical Education 7

Physical Education

All students in Grade 7 are required by the Ministry of Education to take Physical Education. This course requires the active participation of all students. All students are required to have appropriate gym strip for every Physical Education class (ie. Non-marking running shoes, shorts or sweatpants, t-shirt). Students may only be excused from their P.E. program with a medical note signed by a doctor.

Second Language

All students in Grade 7 are required by the Ministry of Education to take a second language course (ie. French). FSL 7 is a half year course.

French 7

French 7 forms an excellent basis for continuing French in Grade 8. Students start to use French expressions in the classroom and review many of the basics such as numbers, the alphabet, colours, greetings, family, weather, parts of the body, calendar dates, classroom objects as well as some seasonal cultural components.

English As A Second Language (ESL)

Our school offers a program for students where English is not their first language. Please contact our counselor for further details.

Applied Skills at the Grade 7 Level

All Grade 7 students will be required to spend one term (1/4 of the year) receiving instruction in the following: Woodwork, Metalwork, Foods, Computers.

Fine Arts

The Ministry of Education recommends 10% of a Grade 7 students timetable be in Fine Arts. This works out to one period of time within the timetable. Grade 7 students have their choice of **one** of the following Fine Arts courses: Band 7 (full year) **OR** Art/Drama 7 (1/2 year each).



SCHOOL SUPPORT SERVICES

Counseling Services

We have counseling support in our school. The job of the counselor is to help students with personal problems, program selection, guidance and career education. Students may request help at any time. We encourage students to not wait until big problems develop before seeking help.

Learning Assistance

We have a Learning Assistance support in our school. The job of the Learning Assistance Teacher is to assist students who need additional help in specific subject areas. It is important to realize that students and parents may request help at any time. Students struggling with their school work should ask to speak to the Learning Assistance Teacher.

School Library

We have an excellent, state-of-the-art library at Chilliwack Middle School and our students literacy development is support by our teacher-librarian. It is open before school, at noon, and after school to provide a quiet place to study or read.



APPLIED SKILLS COURSE DESCRIPTIONS

Woodwork 7 – Woodwork 7 is an introduction to the safe behavior and operation of basic hand tools to produce several wood projects. Students will be expected to design and build a pair of wooden dice candle holders as well as a wooden train whistle. Students will use the drill press and a variety of sanders to complete their projects. They will also learn about properly sanding and finishing their wood projects to create an enduring finish. Basic use of hand tools will also be explored and as always safety will be our main focus.

Metalwork 7 – This introductory course will introduce students to all hand tools and a select number of power machines in the metal shop with emphasis placed on safety. They will learn about the design process and apply it to the construction of two projects: A key chain and solder project.



Computers 7 – This is a one-term introductory course that is part of the Applied Skills 7 rotation. You will work on improving your keyboarding skills, as well as developing basic skills in computer navigation, internet research, word processing, presentations and spreadsheets. You will also learn the basics of HTML, creating a personal web page.

Foods and Nutrition 7 – This introductory course provides students with the opportunity to become familiar with safety, equipment and measuring techniques as related to food preparation. Students will study basic nutrition using the Canada Food Guide as a basis for healthy food choices. Students will prepare basic flour mixtures, snacks, breakfasts and light lunches/dinners.

FINE ARTS COURSE DESCRIPTIONS

Grade 7 students have their **choice of one** of the following Fine Arts courses. Students are advised to select their courses carefully since the school schedule is based on student requests. **Changes in course selections will not be permitted once school starts unless there are special circumstances.**

Band 7 – It is a full year course. This program is for all grade 7 students interested in learning how to play a concert band instrument. Students will choose an instrument by picking their top three choices. This band plays out of Essential Elements level 1 book, progressing to level 1 sheet music. At the end of this course students will be able to read music notation and play a concert band instrument. Students taking band will perform their first concert in late October, and will also participate in winter and spring concerts. These concerts must be attended as it will be a part of the students performance mark.

OR

Visual Arts and Drama 7

This course offers students a chance to explore Visual Arts and Performing Arts for ½ year each...

Visual Arts 7 - The focus of this course is on skills that teach fundamentals of design. This course is half-year. The program explores different techniques using various materials in drawing and painting. The elements of Line, Shape, Form, Color, Space, Texture and Value are discussed and executed. The goal is to provide the student with opportunities for creative growth through exploration, discovery and inventiveness. Activities include skills and techniques used with some or all of the following mediums:

-pencil, pencil crayons, ink felt pen, oil pastels, pen, paint and collage.

Drama 7 - Students will engage in a wide variety of Drama activities such as drama games, mime, role playing and story theatre in order to develop sensory awareness, creativity and confidence. A strong emphasis is placed on participation, focus and cooperation.





WEB

(Where Everybody Belongs)

CMS is thrilled to be offering the WEB program for the seventh year in a row! As part of WEB, all new Grade 7 students will be involved in an exciting and engaging **WEB Orientation Day on September 1st**, at CMS. On WEB Orientation Day, students start at an electrifying welcoming assembly then move on to engaging small group activities led by **Grade 9 WEB Leaders**. Students will also get a complete tour of our school. Our WEB Leaders will be sending all incoming students a personalized invitation to this event and will also call to remind students this summer. Throughout the year, WEB Leaders are there to help and support Grade 7 students as well as organize fun activities.

Don't miss out on the excitement - see you on September 1st!!

EXTRA CURRICULAR ACTIVITIES AT CHILLIWACK MIDDLE SCHOOL

Each year there are a variety of extra curricular activities that students have the opportunity to become involved in at CMS. Some of the sports and activities that have been available in the past are:



- Field Hockey
- Basketball
- Volleyball
- Golf
- Track and Field
- Cross Country Running
- Ski Club
- Intramurals
- Charlie's Kitchen Crew (Hot Foods Club)
- Library Helpers

Students are asked to listen to P.A. announcements and their Homeroom Teacher for updates on these and other clubs/teams.

GENERAL SCHOOL SUPPLY LIST

The items below are considered basic equipment for Grade 7 students. It is hoped that the list will be of some help to parents in the purchasing of various supplies.

GENERAL REQUIREMENTS FOR ALL SUBJECTS

- a 2-inch nylon zippered binder
- several blue ink pens, a red pen & a black pen
- several pencils (HB preferred)
- 1 package of 5 dividers (for each subject)
- large package of lined refill paper
- a package of 12 pencil crayons
- 3-hole pencil case
- gluestick
- scissors
- erasers
- 30 cm ruler

FRENCH

- French/English Dictionary

PHYSICAL EDUCATION

- socks
- running shoes (indoor use only-non-marking soles)
- running shoes or soccer shoes (outdoor use only)
- T-shirt and shorts
- recommend sweat shirt and sweat pants
- sweatpants or track pants (outdoor)



